



## **WINTER RACING**

Now the Richmond Marathon is over the Hasler racing season takes a break until Easter...but there are plenty of racing options for the winter.

### HARE & HOUNDS

A series of five 10k time trials hosted by Wey CC and held on Sundays between November and February. The first is on Sunday 2 November with the other planned dates 23 November, 14 December, 11 January and 8 February. Full details here: <http://www.weykayak.co.uk/>

### COKETHORPE

Two races in one event on Sunday 2 November, near Witney in Oxfordshire. First up are 10k divisional races - with mass starts - from 11.45. Then a 10k time trial from 1pm with race order determined by placing in the first race. Details here: <http://www.cokethorpe.org.uk/index.cfm?fuseaction=ourschool.content&cmid=269>

### DESCENT RACES

The Avon Descent - run by Mercia CC - on Sunday 9 November has mass starts at Stratford-on-Avon and ends 10 miles and 6 weirs later at Bidford-on-Avon. Details: <http://www.merciacanoeclub.org.uk/avondescent.html>. Four weeks later, the Stour Descent is a 15-mile race from Sturminster to Bryanston School. Please note that the race - staged by Stour Valley CC - is on Sunday 7 December, not November 30 as originally announced. Details: <http://www.stourvalley.cc/stourdescent.html>

### ROSS WARLAND CANAL CHALLENGE

Hosted by Banbury CC and staged in memory of Ross Warland, who died of bone cancer at the age of 21. A 20 mile race with 12 portages, starting & ending at Banbury Canoe Club, it can be raced in singles or doubles, either as a straight race or as a team relay. Details: [http://www.banburycanoe.org.uk/ross\\_warland\\_memorial\\_relay.htm](http://www.banburycanoe.org.uk/ross_warland_memorial_relay.htm)

### LUZMORE

Our own winter race, solely for K2. Staged on the first Sunday of January it starts at Elmbridge CC and ends at our clubhouse. 13 miles with three portages and a great way to start the year or your DW race preparation. Details to follow soon on our web site.

### THAMESIDES

Two races staged by Reading CC. Thameside 1, on Sunday 22 February, is a time trial from Aldermaston on the Avon & Kennet Canal to the Reading clubhouse on the Thames; it is 12 miles with 13 portages. Thameside 2 is a fortnight later, on Sunday 8 March, with mass starts at Caversham Bridge on the Thames and a finish, after 19 miles and 8 portages, at the Longridge CC base in Marlow. Full details at: <http://www.reading-canoe.org.uk/>

### WATERSIDES

The Waterside series is essential preparation for DW and also provides a great base of distance and endurance work for marathon racing. Run by Newbury Canoe Club, each race is staged on the Avon & Kennet Canal. Full details: <http://www.watersides.fsnet.co.uk/>

A	Sunday 15 February	13.5 miles	21 portages
B	Sunday 1 March	17.5 miles	19 portages
C	Sunday 15 March	23 miles	35 portages
D	Sunday 29 March	34 miles	35 portages

### DEVIZES TO WESTMINSTER

The ultimate endurance test in kayak or canoe. Senior K2 paddlers tackle the 125 miles and 77 portages in one go over the Easter weekend. Juniors and singles take it on as a stage race starting on Good Friday, 10 April, and ending on Easter Monday, 13 April. Details: <http://www.dwrace.org.uk/>

### MARATHON

If you can't wait for divisional marathon races to return....you'll have to. Usually, the first Hasler marathon for our region is at Maidstone in April. Full details of the 2009 season will be posted when the calendar is finalised, on our website and at <http://www.marathon-canoeing.org.uk/>