

RICHMOND EASTER SPRINTS 2009

10.04.08 (GOOD FRIDAY)

10.00 TEAM LEADERS MEETING
at Littleton Lake, Littleton Lane, Shepperton, TW17 0NF.

Seasonal Prizes will be awarded for the fastest 3 paddlers in each division based on the **time trial** results. There are no prizes for the races.

ALL TIMES ARE APPROXIMATE AND DEPEND ON NUMBER OF ENTRIES

10.30 K1 500M TIMETRIAL. PADDLE IN NUMERICAL ORDER
LIGHTNING TIMETRIAL PADDLE IN NUMERICAL ORDER
12.00 K1 200M TIMETRIAL. SAME ORDER AS FOR 500M
1.00pm LIGHTNING 1000M RACES – AGE GROUP (1 lap)

RACES WILL BE DECIDED BASED ON PADDLERS 500M TIME TRIAL.

RACES WILL NOT BE TIMED

1.30 K1 & LIGHTNING 500M RACES *RACES WILL HAVE UP TO 6 PADDLERS*

THERE IS NO PROMOTION/DEMOTION

2.30 K1 200M RACES

3.00 K1 OPEN 2000M RACE (2 laps)

Car Parking Plenty on site

Catering Light Refreshments will be available to purchase on site

Entry Fee £7.00 for seniors, £5.00 for juniors, £3.00 for Lightning paddlers
The entry fee includes all time trials and races during the day

Closing Date There will be no late entry fee but to reduce time wastage on the day please email names and standards (Year Book page D1) to us as early as possible.

