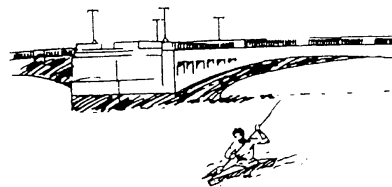


Reading Canoe Club

The Warren, Caversham, Berkshire, RG4 7TH
Telephone: 0118 947 7643



Thameside 1: Aldermaston to Reading Sunday 22 nd February 2009	Thameside 2: Reading to Marlow Sunday 8 th March 2009	
<p>Starting from Aldermaston Bridge, Thameside 1 is a time trial down the Kennet & Avon Canal, through Reading town centre and out onto the River Thames. A left turn where the mouth of the Kennet meets the Thames takes competitors upstream and over Caversham Lock, finishing upstream of Caversham Bridge at Reading Canoe Club on the right hand bank.</p> <p>Parking / Facilities Pre-event parking in the British Rail car park at Aldermaston station, please note that facilities at Aldermaston are very limited. Post-event parking will be limited so RCC asks that you park legally and considerately. There will be hot showers and food available at the finish</p> <p>Approximate distance: 12 miles Portages: 13</p>	<p>This is a downstream race with mass class starts, starting upstream of Caversham Bridge and finishing at Marlow.</p> <p>Start and Check in will be at the Reading Rowing Club on the south bank of the river near the Rivermead sports centre and Holiday Inn Hotel, opposite Reading canoe club. The finish will be at the Longridge Scout Boating Centre, Quarry Wood Road, Marlow.</p> <p>Approximate distance: 19 miles Portages: 8</p> <p>Alternative Course If conditions warrent, then we may run an alternative course Newbury to Wokingham</p>	
<p>Check-in from 9:00 to 10:00 Briefing 10:00 Start window 10:30 to 11:30 (at one minute intervals)</p>	<p>10:30 Briefing A 10:45 Slower K2/C2 10:50 Slower K1/C1</p>	<p>11:15 Briefing B 11:30 Open K2 11:35 Jr Men K2 11:40 Ladies K2 & Sr C2 11:45 Girls K2 & Jr C2 11:50 Faster K1</p>

NB: Please note starting and finishing locations for both races.

- Please complete and return the attached form with a photocopy of your BCU card to: Thameside Race Organiser, c/o Reading Canoe Club, The Warren, Caversham, Reading RG4 7TH
- Pre-entries by email will be accepted with payment on the day and production of a valid BCU card.
- Please take care to include a contact telephone number, or email address, in case you need to be told of further information such as postponement/cancellation of either event.
- If you are uncertain whether the race will go ahead, please telephone (0118) 9477643. An answer phone message will state details of race changes.
- No telephone entries will be accepted.
- Competitors and team leaders should note that competitors participate at their own risk, and that Reading Canoe Club cannot be held responsible for any loss or injury to person or property however caused.
- Comprehensive BCU membership is required. Those without proof of membership will be charged £4 for an event ticket.
- All paddlers under the age of 16 years on 1st January 2009 must wear a buoyancy aid or life jacket. It is recommended that all other paddlers wear a buoyancy aid or life jacket and dress appropriately, since river conditions can be adverse at this time of the year.
- Vertical racing number plates are compulsory.
- The rules of the river/waterway should be observed at all times.

