

# RICHMOND CANOE CLUB

## GOOD FRIDAY EASTER SPRINTS



**VENUE: LITTLETON LAKE, SHEPPERTON  
TW17 ONF**

**DATE: FRIDAY 6th APRIL 2012 (GOOD FRIDAY)  
BOOKING IN FROM 9.30 AM  
BRIEFING AT 10.00 AM.  
RACING STARTS 10.30AM.**

*THIS **K1 -C1 EVENT** IS A GREAT START TO THE SPRINT SEASON AS IT ALLOWS PADDLERS TO TEST THEMSELVES ON A LOCAL COURSE.*

THE FORMAT IS: K1-C1 TIMETRIALS OVER 200M AND 500M IN THE MORNING WITH RACES IN THE AFTERNOON BASED ON THE TIMES ACHIEVED FROM THE TIME TRIALS.

**IT IS A LITTLETON LAKE RULE THAT BUOYANCY AIDS MUST BE  
WORN BY ALL PADDLERS**

**ONE OFF ENTRY FEE  
£7 senior £5 junior PER K1/C1**

**RICHMOND CANOE  
CLUB**

CONTACT WENDY DODSON  
wendyapereira@aol.com  
01932 347695